

### Lesson Concepts

- *Compassion* is empathy in action.
- People feel better when others show them care and concern.

### Key Words

Embarrassed, care, concern, compassion

### Why This Lesson Matters

Empathy can motivate students to respond to others in a caring way. Young children often try to comfort others through physical affection, by offering a toy, or by saying something comforting. However, children may have trouble showing care and concern in situations that are emotionally overwhelming. Unit 3 includes emotion-management skills to help further students' ability to offer appropriate support.



### Home Link Reminder

Email or send home copies of the Lesson 11 Home Link.

### Using Skills Every Day

Have students ANTICIPATE when they can show compassion.

Notice students who show compassion for others, and REINFORCE their behavior with specific feedback.

Describe how these acts have made others feel: **I noticed you helped Oman pick up the pencils he spilled from his box. Did you see his big smile? He was really happy you helped.**

- Model showing compassion.
- Remind students to say kind things to each other and help each other out.

Have students REFLECT on how and when they showed compassion.

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## Daily Practice



Teach the lesson.



Play Clap and Wait, Version 2. Sing along with “The Feelings Song.”



It’s “I Saw Someone Do Something Nice” Day. Challenge students to keep their attent-o-scopes focused and watch for people showing compassion for others. At the end of the day, have a group discussion about all the acts of caring they saw.



Play Clap and Wait, Version 2, increasing the challenge.



Have students draw a picture of someone helping another person, and then have them write or copy a couple of sentences explaining how the picture shows compassion.