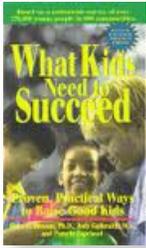


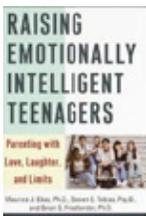
## Books for Families of Middle School Students



### *What Kids Need to Succeed: Proven, Practical Ways to Raise Good Kids*

Benson, P. L., Galbraith, J., and Espeland, P.

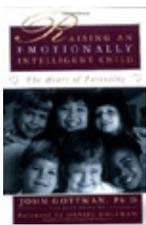
This book, based on results of a survey given to over 250,000 students, offers specific, practical things you can do to help your child succeed.



### *Raising Emotionally Intelligent Teenagers: Parenting with Love, Laughter, and Limits*

Elias, M. J., Tobias, S. E., and Friedlander, B. S.

This reader-friendly book, based on Daniel Goleman's *Emotional Intelligence*, offers practical advice, specific strategies, and tools for helping parents handle difficult situations with their teens.



### *The Heart of Parenting: Raising an Emotionally Intelligent Child*

Gottman, J.

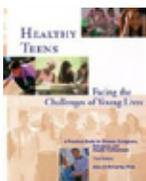
This research-based book provides parents with specific information and steps on how to nurture, support, and encourage the emotional development of their children.



### *Just Say Know: Talking with Kids about Drugs and Alcohol*

Kuhn, C., Swartzwelder, S., and Wilson, W.

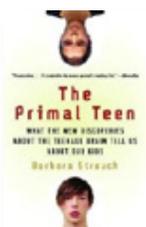
This useful guide for parents and educators gives information and suggestions about how and what to say to teens about alcohol and other drugs. Each chapter focuses on a particular drug group and includes information about how that drug interacts with their minds and bodies and how to talk to kids about it.



### *Healthy Teens: Facing the Challenges of Young Lives (third edition)*

MacCarthy, A. R.

This guide provides information about important matters in teens' lives, including adolescent development, harassment, sexuality, substance abuse, and school achievement.



### *The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us About Our Kids*

Strauch, B.

This book provides information on the latest brain research and how it relates to teens' seemingly irrational behavior. Discussions with parents and teens are also included.